



'Creating New Futures'

Newlands Primary School

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Ramsgate

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Headteacher: Mr D.Bailey

4th October 2021

Dear Parents/Carers,

We will be supporting World Mental Health Day by participating in the **#HelloYellow** campaign on **Friday 8th October 2021**.

This day is designed to show young people that they are not alone when it comes to their mental health. The aim is to spread the word that, whatever you're going through, you can talk to someone if you need to.

At Newlands Primary we are lucky enough to have six members of staff who are trained as Youth Mental Health First Aiders; Miss Toms, Miss Lawrence, Mrs Bracey, Mrs Lavender, Mrs Clark and Miss Gothard.

We also have an area within the School called 'The Haven' which is a space our young people can visit when they are feeling overwhelmed or need an adult to talk to.

Pupils at the school will be asked for a small donation (no more than £1) and they can wear something yellow, this can be as small as a pair of socks or a hair bow; if you do not own a yellow item of clothing then please wear an outfit that will make them and others smile.

We will collect the donations in the morning on the KS1 and KS2 gates.

The money we raise will provide vital funds for the Young Minds- Child and Adolescent mental health charity. To find out more about this Charity and the work they do please visit: <https://youngminds.org.uk/>

Yours sincerely,

Miss Toms

Mental Health Lead

