



'Creating New Futures'

Newlands Primary School

Dumpton Lane

Ramsgate

CT11 7AJ

01843 593 086

office@newlands-tkat.org

Headteacher: Mr D.Bailey

27th January 2022

Dear Parents and Carers,

COVID 19

Changes to the self-isolation period for those who test positive for COVID-19

Following the further changes to national restrictions and updated legal advice, as of 27/01/2022, we will be moving from the need for 10 days self-isolation to 5 days in line with the national guidance. This also applies to staff and pupils who are currently in self-isolation

From 27th January, people who are self-isolating with COVID-19 will have the option to reduce their isolation period after 5 full days if they test negative with a lateral flow device (LFD) test on both day 5 and day 6 and they do not have a temperature.

For example, if they test negative on the morning of day 5 and the morning of day 6, they can return to their education or childcare setting immediately on day 6.

The first test must be taken no earlier than day 5 of the self-isolation period, and the second must be taken the following day. All test results should be [reported](#) to NHS Test and Trace.

If the result of either of their tests is positive, they should continue to self-isolate until they get negative results from two LFD tests on consecutive days or until they have completed 10 full days of self-isolation, whichever is earliest.

Anyone who is unable to take LFD tests or anyone who continues to have a temperature will need to complete the full 10 day period of self-isolation.

10-day self-isolation will remain or be re-introduced on Public Health England's advice, where local infection rates are particularly high.

Mr D Bailey

Headteacher

